



WELCOME TO THE CLUB

Your school has sent this information home to introduce The 100 Mile Club® to you and your family. Starting soon, participating students will go out to the playground, stretch out, and walk or run a little bit. The miles and love for running begin to build almost instantly!



Upon joining, your child will receive an official 100 Mile Club® Challenge Accepted identification card.

Along the journey toward 100 miles, your child will practice personal goal setting, team spirit, perseverance, poise, confidence, and honest self-evaluation.



Throughout the year we will offer mile credits to students who wish to participate in designated sanctioned local events. You can also visit www.100mileclub.com to learn more. These events include charity walks and other organized walks and runs where you can join your child in their journey to reach their goals.

We look forward to celebrating your child's accomplishments both on the track and in the classroom.



When your child reaches 25 miles, he or she will earn an exclusive 100 Mile Club® tee shirt that is designed to show off their accomplishments during the year.

The first milestone earned is our signature T-shirt and serves as the students' "incentive chart" which they earn after logging 25 miles. To further reinforce the value of their perseverance, a golden pencil is awarded at 50 miles and a wristband at 75. All students receive a certificate of completion at years end.



When your child reaches 100 miles, he or she will be awarded a beautiful gold medal at our Year-End Medal Ceremony where every participant celebrates their total miles completed. The value of these simple tokens celebrate the milestones met. They also develop new confidence, poise, increase physical fitness levels, and self-esteem.



www.100mileclub.com

Days: Tuesdays, Wednesdays, Thursdays

Time: 7:30 AM



ADDITIONAL INFO:

100 Mile Club® meets on the grass field behind the playground at the back of the school on Tuesday, Wednesday, & Thursday mornings while school is in session.

We meet from 7:30 AM - 8:10 AM (or until your child begins class).

Please DO NOT drop off your child/children until you see the coaches are present.

Follow these easy steps to get started today!

1. Fill out the mandatory registration form at: <https://forms.gle/6GnTXv7hc7FTFPq9>
2. Make your payment online (\$20) at <https://www.ptawestpark.com/shop> or by cash (\$25) or check (\$25) by filling out & returning the bottom portion along with your payment to the **PTA Mailbox** in the Main Office.

Student Name: _____ Teacher: _____ Grade: _____

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Parent Participant(s):

(PLEASE PRINT LEGIBLY to ensure your payment can be processed timely & correctly)

One year registration of **\$25/participant** is enclosed. Total amount enclosed: _____ Cash Check # _____

Please make checks payable to: Westpark PTA

To ensure proper payment, please place cash/check along with this payment slip in an envelope marked "Attn: 100 Mile Club®"