



Self-Control Alertness Intentness Condition Skill Team-Spirit Poise Confidence
ACCEPT THE CHALLENGE.

www.100mileclub.com

October 26, 2020

Dear Parent(s)/Guardian(s),

The 100 Mile Club® was started over 20 years ago by Kara Lubin, a teacher in the Corona-Norco Unified School District. It is now a non-profit organization whose sole mission is to provide to *all* individuals the opportunity to experience fitness and TRUE personal success by Accepting the Challenge of running (or walking) 100 miles during a single school year.

This is the fourth year that Westpark has “Accepted the Challenge” and the third year parents can sign up, too!

Due to the various teaching models, this year we will be hosting the 100 Mile Club® *virtually*. Students will still be able to reach all of the same milestones and rewards as in previous years. Once you have submitted the registration form and paid \$20 through the PTA Webstore (links below), you will be sent further instructions on how to submit your student's mileage. Please email us with any questions: klim0702@gmail.com or nlmckenna@gmail.com

Start Date: Sunday, November 1, 2020

End Date: Friday, May 28, 2021

Days/Time: Your choice! You can choose the days/times that work best for you. Just be sure to track your distance!

Cost: \$20 **online** for each participant (<https://www.ptawestpark.com/shop>)

Note: If your child's participation is dependent on receiving a scholarship, please email the chairs to make your request.

Registration Form:: <https://tinyurl.com/Westpark-100-Mile>

Upon reaching a milestone, each participant will receive:

- **25 Miles:** a fantastic t-shirt that is designed to show off your accomplishments throughout the year
- **50 & 75 Miles:** Special Recognition as well as incentive prizes for each of the 50- & 75-mile milestones
- **100 Miles:** a beautiful gold medal at the end of the year
- Every participant receives a special certificate celebrating their total miles run at the end of the year

Mile credits will also be offered to students who participate in:

- Designated local 1-5K charity walks/runs (Submit your bib number and event name for credit)
- 100 Mile Club® sanctioned events: <http://100mileclub.com/view-our-calendar/> (Bring 100 Mile Club® credit slip from event)
- KROC race on May 2021 (Submit your bib number for credit)

Please note that all dates are subject to change.

Kim Lim (klim0702@gmail.com) & Nancy McKenna (nlmckenna@gmail.com)

Chairs, 100 Mile Club®